

NIGHT GUARDS

Getting Used To Your Night Guard

When you first receive your night guard it may have an acrylic taste. To remove this taste soak your night guard in diet rootbeer.

At first it may be difficult to wear you night guard through the night. It is a good idea to gradually get used to this device slowly. Wear it for a couple of hours the first few days during the day, or when you are relaxing at home. Once you are accustomed to the appliance out it in after you have brushed and flossed your teeth, just before you go to bed.

Caring For Your Night Guard

Do not soak your night guard in any alcohol based mouthwashes (i.e. Listerine)
Keep your night guard in the container provided when you are not wearing it to ensure safe keeping

Brush your night guard daily with a soft or medium toothbrush.

Your night guard has a six month warranty against defect in workmanship. This warranty does not cover loss or accidental breakage.